



**Cleopatra Technique™**

# Facial Aesthetics

From Zero to Hero:  
Everything you need to know

**Dr. Cleopatra Nacopoulos**

**ATHENS, GREECE** 

**30 - 31<sup>st</sup> May 2025**



**Embark on a transformative journey where the ancient wisdom of Athens, Greece, meets the cutting-edge advancements in dental science. This unique course, set in the heart of one of the world's oldest cities, offers an unparalleled opportunity to enhance your professional skills against the backdrop of breathtaking historical landmarks and Mediterranean charm.**

Athens, a city where history and modernity blend seamlessly, provides an inspiring setting for dental professionals eager to expand their knowledge and expertise. Imagine delving into the latest techniques in dental care, surrounded by the legacy of philosophers, scientists, and physicians who laid the foundations for medical science. This course is not just an educational experience; it's a voyage to the cradle of Western civilization.

Athens offers an enriching cultural experience, from the majestic Parthenon standing proudly on the Acropolis, to the charming Plaka district, with its narrow cobblestone streets lined with quaint cafes and vibrant tavernas. You'll have the opportunity to savor delicious Greek cuisine, immerse yourself in the local culture, and perhaps even pick up a few words of Greek.

**Join us in Athens** for an educational adventure that combines the best of ancient wisdom and modern dental science. Discover new horizons in stomatology while basking in the timeless beauty of Greece. This is more than a course; it's an experience that will stay with you for a lifetime.





## **Prof. Cleopatra Nacopoulos** **BSC, DDS, MSC, PHD**

**Professor Cleopatra Nacopoulos is the inventor of Cleopatra Technique and a scientific collaborator for the Research of the Musculoskeletal System of Athens Medical School. She has published many scientific papers in her field of interest: GBR with the use of P.R.P, P.R.F., implants and laser.**

With her field of interest being GBR, she has participated in many conferences around the world and many hands-on courses concerning implants, growth factors, facial aesthetics and laser. She is the President of WAUPS Greece and WAUPS Aesthetica and Vice-President of HELSOLA. She holds private clinics in Athens and Tripolis specialized in Periodontics, Microsurgery, Oral Implantology, Laser and Facial Aesthetics. Her paper "Platelet rich fibrin in regenerative dentistry: biological background and clinical indications" was published in 2017.

- o BS in Biology, GANNON University USA 1985
- o Dental school of Athens University in 1991
- o MSc in Oral Biology 1998
- o MSc in Periodontology 1998
- o Certificate Master Degree of SOLA Academy, Vienna University 2005
- o Trained on facial aesthetics in Beverly Hills California 2007
- o PhD, School of Medicine, University of Athens 2015
- o PostDoc School of Medicine, University of Athens 2015
- o Aesthetic Medicine MSc, Queen Mary University London 2015



32 ACADEMY

# Cleopatra Technique TM Facial Aesthetics

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30 - 31<sup>st</sup> May 2025



Athens, Greece



Language: English



Seats: 25

**2100 EUR + VAT**

# Day 1

# Schedule

- 09:00-09:45** **The role of the dentist in facial aesthetics.**  
Aging and Anti-aging, characteristics and prevention. Skin and lip anatomy and physiology
- 09:45-10:30** **Skin Assessment and Analysis**  
Materials, methods and injection techniques (linear, micropapular and mesotherapy)
- 10:30-11:15** **All you need to know about PRF**  
Such as preparation, protocols, speed, handling, and application mode. Description of the tubes regarding aesthetic medicine (facial aesthetics, keloids, scars, hair regrowth, pain management and wound healing)
- 11:15-11:45** **BREAK**
- 11:45-12:30** **Comparison between the use of PRF vs. hyaluronic acid / botulinum toxin/ PDO threads/ laser treatments (cost / effectiveness).**  
Can PRF replace them all, or can it work alongside them, as a combination treatment? Changes in the aesthetic medicine using PRF. How long after the application does the effect wear off?
- 12:30-13:15** **Secrets of Cleopatra Technique™.**  
How to obtain the contouring, augmentation and fullness of lips (which techniques are we using)? Preparation of the patients and the skin before, right after, and post-treatment.

**13:15-14:15** LUNCH

**14:15-15:00** Clinical cases for every protocol

from microneedling to injections in all areas of the face (forehead, around the eyes, lips, cheeks, nasolabial fold augmentation, marionette lines, contouring of the face, neck and décolleté)

**15:00-15:45** Preparation of the patient and the clinic.

Dos and don'ts in aesthetic medicine. What can never be done in aesthetic protocols?  
What is the most effective homecare for a long-lasting treatment?

**15:45-16:15** BREAK

**16:15-17:00** Q&A / Tips and Tricks

# Day 2

# Schedule

**09:00-11:15 All PRF Protocols for different applications.**

Heating PRF – Cleopatra’s Biofillers. Pre-treatment Protocols (dermabrasion, surfactants, chemical peels)

**11:15-11:45 BREAK**

**11:45-12:30 Applications of Biofillers, patient selection. Combination treatments. When & why.**

**12:30-13:15 Skin Assessment and Analysis**

Live Patients – Photo documentation – face scanning. Pre-treatment preparation (mesotherapy, microneedling)

**13:15-14:15 LUNCH**

**14:15-15:45 Practice Sessions on Mannequins**

Live Patients (injections techniques, canulla), Hair treatment

**15:45-16:15 BREAK**

**16:15-17:00 Skin Assessment and Analysis**

Live Patients – Photo documentation – face scanning – Pre-treatment preparation (PRF and HA, Biofillers), after treatment homecare

# What Sets Our Course Apart?

**Accreditation and Expert Instructors:** Our course is accredited by The CPD Certification Service, ensuring the highest standards in education. Learn from experienced professionals who are leaders in the field of facial aesthetics.

**Comprehensive Curriculum:** Master the art and science of facial aesthetics with our comprehensive curriculum. From facial anatomy to advanced injection techniques, our course covers it all, providing you with a solid foundation for success.

**Hands-On Training:** Gain practical, hands-on experience with live models under the guidance of our expert instructors. Develop the confidence to perform cosmetic injectables and dermal filler treatments with precision.

**Regulatory Compliance:** Stay on the right side of regulations and ethics. Our course is designed to ensure that you understand and adhere to all relevant guidelines, preparing you to practice facial aesthetics responsibly.



# What to Expect:

**Expert Insights:** Gain valuable insights from industry-leading experts who will share their expertise on the latest advancements in facial aesthetics. Discover innovative techniques and approaches that can elevate your practice.

**Live Demonstrations:** Witness live demonstrations of cutting-edge procedures and techniques. See firsthand how experts perform cosmetic injectables and other aesthetic treatments, providing you with a unique learning experience.

**Interactive Q&A:** Engage with our panel of experts through live Q&A sessions. Get your burning questions answered and interact with like-minded professionals from around the globe.

**Global Networking:** Connect with professionals from different corners of the world. Our webinar provides a unique networking platform, fostering connections and collaborations within the facial aesthetics community.

## Contact details:

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